2018 BEGINNER GOLF CLASSES

eaglerockgolf

Date & Times
Class 1: May 24/31, June 7/14 - 6:00PM to 7:00PM
Class 2: May 24/31. June 7/14 - 7:30PM - 8:30PM - LADIES ONLY
Class 3: June 21/28, July 5/12 - 6:00PM - 7:00PM
Class 4: June 21/28, July 5/12 - 7:30PM - 8:30PM - LADIES ONLY
This is a 4 hour class spread out over 4 days

$130.00 + GST

The Basics of the Golf Swing

Day 1 - The **FULL SWING** fundamentals with irons:

- An introduction and review of basic fundamentals of the golf swing. Taking a look at the grip, posture, stance, and alignment to help build a strong foundation for the golf swing.
- Demonstration of the backswing and getting the students into the proper postion at the top of the swing. Including the correct weight shift, shoulder rotation, and hinging of the wrists.
- Impact - The cause and effect of certain ball flights.
- Having the students finish the swing in a well balanced position.

Day 2 - The **FULL SWING** continued…

- Review Day 1
- Move from irons to woods and how the golf swing stays consistant with the different clubs.
- Finding the proper ball placement for YOUR swing.
- Discussion of different lies and how to play from them.
- Look at the pre-shot routine, and how to implement it into your game.

Day 3 - Chipping & Bunker Play

- Learn the basics of the low/high chip shot and the difference between the two.
- Give the students a system to make chipping around the green more efficient.
- Proper technique of the basic bunker shot.

Day 4 - Putting & Green Reading

- Basic fundamentals of putting—Grip, stance, alignment, posture.
- Understanding the importance of distance when putting.
- Learn how to read greens and how to implement the process into your pre-shot routine.

Students will receive:
- 4 Hours of instruction of the golf swing.
- Reference Guide of the golf swing and golf course ettiquete.
- A complimentary 9 hole pass for Eagle Rock Golf Course.

Spots are limited to 7 students/class. Depending on demand, more classes could be added. Register via email cody@eaglerockgolf.com or Call the Golf Shop at 780.464.4653